

# RCCSEC Transition Resource Library- Independent Living/Social Skills

## **Be Cool: Coping With Difficult People (Special Needs HS Edition, Four Modules with DVD videos and Teacher Manuals; James Stanfield Co.)**

BCHS-1: Module 1: Coping With Teasing (DVD and Teacher Manual)

BCHS-2: Module 2: Coping With Anger (DVD and Teacher Manual)

BCHS-3: Module 3: Coping With Criticism (DVD and Teacher Manual)

BCHS-4: Module 4: Coping With Bullying (DVD and Teacher Manual)

## **Being With People (DVD Video Series w/ Teacher Manual, Two Binder Sets; Four Parts – 4 DVDs; James Stanfield Co.)**

Binder/Set 1:

Part 1: Being With Friends

Part 3: Being With Housemates

Binder/Set 2:

Part 2: Being With A Date

Part 4: Being With Authority Figures, Acquaintances & Strangers

## **CBSP: Scale of Community-Based Social Skill Performance**

(Assessment forms and instructions, James Stanfield Co.)

## **Circles: Intimacy & Relationships – Level 1 (DVD Video Series w/ Facilitator Workbooks , DVDs, 2 Parts/Binders, Floor Map, Posters, and Handouts; James Stanfield Co.)**

Binder/Part 1: Relationships (3 DVDs)

Binder/Part 2: Relationship Building (3 DVDs)

## **Circles: Intimacy & Relationships – Level 2 (DVD Video Series w/ Facilitator Workbooks , DVDs, 2 Parts/Binders, Floor Map, Posters, and Handouts; James Stanfield Co.)**

Binder/Part 1: Social Distance - Expanded (2 DVDs)

Binder/Part 2: Relationship Transitions (2 DVDs)

## **Community Man: Promoting Full Use of Community Resources (DVD Video Series w/ Teacher Manual, One Binder, Four Parts – 2 DVDs; James Stanfield Co.)**

Series #1: Health & Safety Services

Part 1: The Fire Dept.

Part 2: The Police Dept.

Part 3: Health Care

Part 4: The Pharmacy

**DateSmart-1: Dating Skills & Saying “No”  
(3 DVD videos and Teacher Manual, James Stanfield Co.)**

Part 1: The Art of saying “No”

Part 2: How to Practice Abstinence

Part 3: How to Protect Your Boundaries

**DateSmart-2: Dating Skills & Saying “No”  
(3 DVD videos and Teacher Manual, James Stanfield Co.)**

Part 4: How Girls Can Avoid Getting into Trouble

Part 5: How Boys Can Avoid Getting into Trouble

Part 6: Understanding the Opposite Sex

**First Impressions: Presentation Skills to Win Respect and Influence  
Others...for people with special needs (Six Modules, with DVD videos and  
Teacher Manuals, James Stanfield Co.)**

Module 1f: Hygiene, Female Version (DVD, teacher manual)

Module 1m: Hygiene, Male Version (DVD, teacher manual)

Module 2f: Grooming, Female Version (DVD, teacher manual)

Module 2m: Grooming, Male Version (DVD, teacher manual)

Module 3: Dress (2 DVDs, teacher manual)

Module 4: Attitude (2 DVDs, teacher manual)

**Home of Your Own: Cooperative Living Training Program (DVD Video  
Series w/ Facilitator Workbook, 2 DVDs, 4 Parts; James Stanfield Co.)**

Part 1: Borrowing & Lending Money

Part 2: Sharing Expenses & Common Areas

Part 3: Community Awareness & Consumer Skills

Part 4: Conflicts With Strangers, Acquaintances, Housemates & Staff

**Mind Your Manners: Lessons in Social Conduct (DVD Video Series w/  
Teacher Manual, Three DVDs, Six lessons; James Stanfield Co.)**

Program 1: Teacher & Student Intro.

Program 2: Manners At Home

Program 3: Table Manners

Program 4: Manners At School

Program 5: Manners In Public

Program 6: Greetings & Conversation

**MoneySmart-1: Shopping Savvy and \$ Sense  
(3 dvd videos and Teacher Manual, James Stanfield Co.)**

Part 1: How to Avoid Being a Compulsive Shopper

Part 2: How to Avoid Being a Spendthrift

Part 3: How to Be a Savvy Shopper

**MoneySmart-2: Shopping Savvy and \$ Sense**  
**(3 dvd videos and Teacher Manual, James Stanfield Co.)**

- Part 4: How to Avoid Blowing Your Budget
- Part 5: How to Avoid Being Duped or Scammed
- Part 6: How to Be Safe While Shopping

**PeopleSmart-1: Friendship & Gullibility...**  
**(3 dvd videos and Teacher Manual, James Stanfield Co.)**

- Part 1: How to Meet People
- Part 2: How to Turn an Acquaintance into a Friend
- Part 3: How to Deepen a Friendship

**PeopleSmart-2: Friendship & Gullibility...**  
**(3 dvd videos and Teacher Manual, James Stanfield Co.)**

- Part 4: How to Mistake Friendliness for Friendship
- Part 5: How to Avoid Getting into Trouble with Strangers
- Part 6: How to Be Attractive to the Opposite Sex

**SafetySmart-1: Safety Skills...**  
**(3 dvd videos and Teacher Manual, James Stanfield Co.)**

- Part 1: How to Be Safe at Home
- Part 2: How to Turn Be Safe as a Pedestrian
- Part 3: How to Be Safe Using Transportation

**SafetySmart-2: Safety Skills...**  
**(3 dvd videos and Teacher Manual, James Stanfield Co.)**

- Part 4: How to Use Fire Dept. Resources
- Part 5: How to Contact and Interact with Police
- Part 6: How to Access Free Health Care and Get Help from the Pharmacy