# CHAMPAIGN COUNTY TRANSITION SERVICES DIRECTORY



**Hotline Numbers** 



**Financial Assistance** 



**Recreation & Leisure** 



Transportation



**Educational Services** 



**Residential Services** 



**Vocational Services** 



**Health Care** 



**Support Services** 

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#### INTRODUCTION/ACKNOWLEDGEMENTS

This Transition Services Directory is designed to assist in the transition from high school to adult life for the youth of Champaign County. Its main purpose is to provide a user-friendly directory of resources that are available in our area for youth, both during and after high school. The contents include information about organizations providing services in the following areas: educational services, financial support, health care, support services, recreation and leisure, residential services, transportation, and vocational services. Each listing includes the organization contact information and a brief description of the services they provide.

This directory was developed by the Transition Planning Committee (TPC) of Champaign County, Resource Directory Subcommittee. For additional copies, contact one of the following:

- 1) Your local high school Special Education Department, or
- The Department of Human Services/Division of Rehabilitation Services (DHS/DRS): (217) 278-3500, or
- 3) The Rural Champaign County Special Education Cooperative (RCCSEC): (217) 892-8877.

The Champaign County TPC Resource Directory Subcommittee (2006-07) that originally compiled this directory includes the following individuals:

- Sarah Jo Brenner, PACE Independent Living Specialist
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- Michael Bryant, DHS/DRS Vocational Rehabilitation Counselor
- Michael Crossin, Champaign Unit 4 Schools, Vocational Specialist
- Janet Eckstein, Rantoul Township HS, Vocational Coordinator
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- Vicki Johnson, RCCSEC Administrative Assistant (Directory Lay-Out)
- Jim Mayer, RCCSEC Transition Specialist (Subcommittee Chair)
- Angela Parks-Harris, Illinois Employment & Training Center, Disability Navigator
- Kelli Shirley, Champaign Unit 4 Schools, Special Education Asst. Director

The current directory is a February 2016 revision of a directory previously produced by the Champaign County TPC in April 2007, October 2009, February 2011, and May 2013. Printing and production costs for the 2016 edition were covered by the following organizations:

- Urbana Knights of Columbus
- Illinois Department of Human Services/Division of Rehabilitation Services
- Rural Champaign County Special Education Cooperative

### **EDUCATIONAL SERVICES**



#### **Parkland College**

2400 W. Bradley Ave., Champaign, IL 61821-1899 General Info: (217) 351-2200 (V) \* (800) 346-8089 (toll free) <u>www.parkland.edu</u> Office of Disability Services: (217) 353-2338 (V) \* (217) 353-2251 (TTY) <u>http://www.parkland.edu/</u>

Parkland offers transfer courses, career programs, educational programs, and a wide range of including financial assistance, career/educational services planning, student student activities/organizations, counseling, and support services for individuals with disabilities. Support services include textbook taping, note takers, interpreters, talking calculators, print enlarging equipment, TTY/TDDs, tutorial services, and special testing procedures. Additionally, Parkland offers the Center for Academic Success, which strives to provide Parkland students with affordable, accessible, and comprehensive instructional and support services in a stimulating, lowanxiety learning environment that builds confidence and encourages student learning. The center is staffed with faculty and peer tutors and two Academic Development Specialists with training and experience working with students with disabilities.

#### **The Reading Group**

3011A Village Office Place, Champaign, IL 61822 (217) 351-9144 www.readinggroup.org

This team of highly qualified learning and disabilities specialists works in partnership with teachers, parents and community leaders to overcome problems related to learning disabilities and illiteracy. They offer one-on-one **reading instruction**, group instruction, and diagnostic testing to children and adults with learning disabilities and learning problems. The focus is on an individualized, multi-sensory approach to learning, often using computers and interactive software.

#### **Sylvan Learning Center**

1907 W. Springfield Ave., Champaign, IL 61821 (217) 355-0008 (V) \* (217) 359-7530 (V) www.educate.com

Sylvan offers both remedial and enrichment programs, and **provides assistance to individuals with learning disabilities**. They also offer diagnostic evaluation and provide individualized services in reading, math, study skills, English, writing, and ACT and SAT preparation.



### EDUCATIONAL SERVICES

University of Illinois Division of Disability Resources and Educational Services (DRES) 1207 S. Oak St., Champaign, IL 61820 (217) 333-4603 (V) \* (217) 333-1970 (TTY)

www.disability.uiuc.edu

The U of I was the first university in the country to offer students with disabilities access to a mainstream educational environment. Since 1947, more than 1,200 persons with disabilities have received the education necessary to be fully participating members of society. DRES provides the following array of services for qualified students: Psychology Services, Learning Disabilities Services, Mobility and Systemic Disability Services, Vision and Hearing Disability Services, Testing Accommodations, Assistive Technology Services, Text Conversion Services, Transportation Services, Physical Therapy, Campus Life, Beckwith Residence Hall, and Business Affairs.

### **Urbana Adult Education Center**

211 N. Race St., Urbana, IL 61801 (217) 384-3530 www.usd116.org/adult/

The Urbana Adult Education Center offers students the ability to complete high school work through <u>GED</u> programs, high school diploma classes, and high school credits. They offer free reading, writing, math, and English classes for 1<sup>st</sup> through 12<sup>th</sup> grades; a Certified Nurses Aid **Program; English as a Second Language**, and several enrichment and skill development classes.



### FINANCIAL ASSISTANCE

#### **Division of Rehabilitation Services, Benefits Planning Program**

100 S. Grand Ave. East, Springfield, IL 62794 1-217-558-6326 (V) www.state.il.us/agency/dhs

The DHS/ Division of Rehabilitation Services - Benefits Planning Program is a free service for customers currently on Supplemental Security Income (SSI) and/or Social Security Disability Insurance (SSDI) benefits and also a current or former Division of Rehabilitation customer. We also work with the work incentives that go along with Social Security to help you maintain your benefits for a longer period of time while you are working. Along with this, we also have knowledge of food stamps, unemployment insurance, housing and other state benefits and how they will affect your Social Security Benefits and earnings from work.

#### **Navicore Solutions - Debt Management and Credit Education**

201 W. Springfield, Suite 211, Champaign, IL 61820 (800) 992-4557 www.navicoresolutions.org

Since 1991, our focus at Navicore Solutions has been helping people to eliminate debt and achieve financial stability. As a nonprofit organization, our Mission is to strengthen the well-being of individuals and families through education, guidance, advocacy and support. Our certified counselors are specially trained to provide financial counseling.

#### **Social Security Administration**

101 S. Country Fair Dr., Champaign, IL 61821 1-800-772-1213 (V) \* (217) 398-5399 Local Office \* 1-877-486-2048 (TTY) www.ssa.gov/

Supplemental Security Income (SSI) is a federal income maintenance program administrated by the Social Security Retirement Program. SSI provides **monthly payments** to individuals with disabilities and the elderly who meet eligibility criteria. Call or visit the local office if you have a problem with your monthly SSI checks or are receiving SSI and have gotten a job.



#### **Carle Foundation Hospital**

611 W. Park St., Urbana, IL 61801 (217) 383-4636 www.carle.com

Carle Foundation Hospital is a 325-bed not-for-profit teaching hospital, and is a Level I Trauma Center. They offer all major specialty services including obstetrics, perinatal/neonatal, intensive care, Heart Center, Cancer Center, neurosurgery, orthopedic surgery, and oral surgery. A **community care financial program** assists families with hospital bills, and **free community education programs** are available. In an emergency, call (217) 383-3313. For social services, call Social Work and Discharge Planning at (217) 383-3119.

#### **Carle Physician Group** 602 W. University Ave., Urbana, IL 61801 (217) 383-3311

www.carle.com

Carle Physician Group is comprised of more than 300 physicians practicing in more than 50 specialties and subspecialties, at locations throughout central Illinois.

#### **Champaign County Health Care Consumers**

44 E. Main St., Suite 208, Champaign, IL 61820 (217) 352-6533 www.healthcareconsumers.org

CCHCC is a nonprofit, grassroots citizen action organization, which operates a free Consumer Health Hotline, which provides **information**, **referral**, **and advocacy services** to callers throughout East Central Illinois. Hotline advocates assist callers with their problems related to the healthcare system including denial of treatment, lack of access, insurance problems, Medicaid and Medicare questions or problems, referrals, research, and more. CCHCC also operates the **Dental Referral Program**, which links low-income adults in Champaign County with dentists who provide dental care at reduced rates, and was a participant in the **SSI Youth Transition Project**, which provides advocacy and assistance to youth with disabilities in Champaign County who are applying for, or must re-qualify for disability benefits.



#### **Champaign County Public Health Department**

815 N. Randolph St., Champaign, IL 61820 (217) 363-3269 www.champaigncountyhealth.org

The County Health Department funds, supports, and directs the activities of the **Champaign County Child Dental Access Program**, which serves the oral health needs of children living in Champaign County outside Champaign-Urbana. All other services are provided via a contractual relationship with the Champaign-Urbana Public Health District.

#### **Champaign-Urbana Public Health District**

Main Office: 201 W. Kenyon, Champaign, IL 61820 (217) 352-7961 Rantoul Satellite Office: 520 E. Wabash Dr., Rantoul, IL 61866 (217) 893-0832 www.c-uphd.org

CUPHD offers nutrition and wellness programs; immunizations, TB testing, and flu and pneumonia vaccinations; prevention and treatment of sexually transmitted diseases; and confidential or anonymous testing for HIV. Nurses provide **telephone information for health concerns**; home visits; blood pressure, blood sugar, and cholesterol screenings; lead screening follow-up; and a clinic for homeless persons. School nursing services include: vision and hearing screening, genetic education and referral, pregnancy testing, prenatal care, and case management **services for infants and pregnant women**.

#### **Christie Clinic**

101 W. University Ave., Champaign, IL 61820 (217) 366-1200 www.christieclinic.com

This multi-specialty medical group has over 40 departments and 35 specialties, and provides a full range of **outpatient medical services**.

#### **Frances Nelson Health Center**

819 Bloomington Rd., Champaign, IL 61821 (217) 356-1558

This **community health center** provides primary medical, prenatal, immunizations, laboratory, health education, and social services to low-income families. Services are provided on a **sliding fee scale** (Medicaid, Medicare, and insurance patients are also accepted) to residents of Champaign-Urbana and surrounding communities without discrimination. Spanish speaking staff is available.

#### **Illinois Department of Human Services/Family Community Resource Center**

705 N. Country Fair Dr., Champaign, IL 61822 (217) 278-5605 (V) \* 1-866-451-5784 (TTY) www.dhs.state.il.us/

This organization provides **cash assistance, medical programs, and food stamp benefits** to qualifying individuals with low-incomes. For example, in Illinois, DHS administers the Medicaid program. Job training and placement, childcare access, homeless prevention, and other services are also available. Applications for benefits are accepted online as well as in-person.

Lions Club (217) 352-6300 www.champaignlions.org

Lions Club provides financial assistance toward eye examinations, eyeglasses, and hearing aids for individuals in need. Assistance is usually one time per person. Family Service First Call for Help at (217) 352-6300 provides screening and referral to local Lions Clubs. In Rantoul, call Community Service Center at (217) 893-1530 to contact Lions Club.



#### The Pavilion: Behavioral Health System

809 W. Church St., Champaign, IL 61820 (217) 373-1700 \* 1-800-373-1700 www.pavilionhospital.com

The Pavilion offers a safe and nurturing environment where children, adolescents, adults and senior adults can find hope and healing from emotional, psychiatric and addictive diseases. The Pavilion Behavioral Health System includes a 77 bed inpatient hospital, a residential treatment center, and a residential addictions treatment program. Outpatient services include partial hospitalization and intensive outpatient services as well as The Pavilion Foundation School, a private day school serving students with learning disabilities and behavior disorders.

#### **Planned Parenthood of East Central Illinois**

302 E. Stoughton St., Champaign, IL 61820 (217) 359-8022 www.plannedparenthood.org

Planned Parenthood provides diagnosis and treatment of gynecological problems, contraceptive supplies (prescription and nonprescription), emergency contraception, pregnancy testing and options information, first trimester abortions, HIV testing, and STD testing, treatment and vaccines. **Fees** for most services are **on a sliding scale**. Insurance and Medicaid are accepted.

#### **Provena-Covenant Medical Center**

1400 W. Park St., Urbana, IL 61801 (217) 337-2000 (V) \* (217) 337-4500 (TTY) www.provenacovenant.org

This **hospital** provides ambulatory care, case management, rehabilitation, maternity, heart care, home health care, hospice care, oncology, neonatal care, outpatient services, pastoral care, pediatrics, referral services, psychiatric care, pulmonary medicine, x-ray, social work services, and **free community education classes** through their outreach program. In case of emergency, call (217) 337-2131.



### **RECREATION AND LEISURE**

Champaign Park District 706 Kenwood Rd., Champaign, IL 61821 (217) 398-2550 (V) www.champaignparkdistrict.com

The CPD has 51 parks covering 510 acres. They provide park services and **recreational programs** to residents of all ages as well as **adaptive recreational activities** offered by the Champaign and Urbana Park Districts Special Recreation Program.

#### **Champaign County Forest Preserve District (CCFPD)**

PO Box 1040, Mahomet, IL 61853 (217) 586-3360 (V) \* (217) 586-5724 Fax www.ccfpd.org

The CCFPD operates **four forest preserves** in East Central Illinois that cover more than 3,500 acres and serve you with a wide range of offerings:

- 1) Lake of the Woods F.P., Mahomet
- 2) Homer Lake F.P., Homer
- 3) Middle Fork River F.P., Penfield
- 4) River Bend F.P., Mahomet

#### **Champaign County Convention & Visitor's Bureau**

108 S. Neil St., Champaign, IL 61820 (217) 351-4133 (V) www.visitchampaigncounty.org

**See all that Champaign County has to offer**. We've got museums, galleries, theater and art; see college sports, concerts, and plays; enjoy dining out, golfing, bowling, hiking and more. Please visit our website for information on upcoming events.



### **RECREATION AND LEISURE**

#### **C-U Special Recreation**

1311 W. Church Street, Champaign, IL 61821 (217) 239-1152 (V) \* (217) 239-1157 (TTY) www.cuspecialrecreation.com

Provides **recreation programs** and **leisure services** for individuals whose limitations or disabilities may limit successful participation in other recreation programs, and assists people with disabilities to participate in Park District programs.

#### **Special Olympics Illinois**

902 N. Country Fair Drive, Unit #7, Champaign, IL 61821 (217) 355-1750 (V) www.soill.org

Join the nearly 20,000 athletes in Illinois who gain sports skills, the joy of teamwork, self-esteem, and friendship by participating in **Special Olympics**.

#### Stephens Family YMCA/Larkin's Place

2501 Fields South Drive, Champaign, IL 61822 (217) 359-9622 (V) www.sf-ymca.net

The Stephen's Family YMCA is specifically designed to support and integrate children and families at all developmental levels, encouraging acceptance, play and growth for everyone. While the philosophy and spirit of Larkin's Place permeates every aspect of the Y from design to programming, classes designated as "Larkin's Place Programming" incorporate additional therapeutic, developmental and social goals.

#### Urbana Park District 505 W. Stoughton St., Urbana, IL 61801 (217) 367-1544 (V) www.urbanaparks.org

The UPD has 22 parks and facilities and offers **leisure services and programs**, including sports, aquatics, cultural arts, and special events.



### **RESIDENTIAL SERVICES**

#### Alan G. Ryle & Companies

4102 Belmont Point, Champaign, IL 61822 (217) 398-6529 (V) \* 1-800-880-6571 (V) www.ryle.com

This group of companies offers a variety of residences for adults with developmental disabilities, including intermediate care facilities, **apartments**, community integrated living arrangements (CILA), and **group homes**.

#### **Charleston Transitional Facility (CTF)**

1902 Fox Dr., Suite B, Champaign, IL 61820 (217) 352-7158 (V) http://www.ctfillinois.org/

CTF provides **residential and community living** services in Champaign County. CTF's residential services include a community integrated living arrangement group home for adults with developmental disabilities from Champaign and Ford Counties.

#### **Community Choices**

44 E. Main St., Suite 206, Champaign, IL 61820 (217) 621-1090 www.communitychoicesinc.org

Our mission is to partner with people with disabilities in Champaign County in their pursuit of independence, opportunity, and choice by offering quality, self-directed supports and services in order to assist in community living. Areas of service include: Community Living/Person-Centered Planning, Customized Employment, Social/Self-Advocacy Opportunities, and Family Support. **Community Living services include:** Teaching life skills; identifying community activities; and assisting individuals with independent living, including recruiting support staff, moving assistance, and ongoing oversight.



### **RESIDENTIAL SERVICES**

#### **Community Elements - Mental Health Center of Champaign County**

801 N. Walnut, Champaign, IL 61820 (217) 398-8080 \* 24 Hour Crisis Line (217) 359-4141 www.communityelements.org

Community Elements provides the following residential and housing services to persons with mental health conditions: group homes, apartments, Respite Center, Times Center, Roundhouse, and community-based case management.

**Developmental Services Center (DSC)** 

1304 W. Bradley Ave., Champaign, IL 61821 (217) 356-9176 (V) \* (217) 359-0288 (TTY) Contact: Intake Specialist www.dsc-illinois.org

DSC's Residential Services offers an array of community-based residential alternatives to promote independence. Services are based upon an individual's needs and preferences, thus programs vary in the level of supervision, structure, and support provided; however, in all settings, individuals are supported to become as independent and self-sufficient as possible. Residential services include the following options: Community Integrated Living Arrangement (CILA), group homes, and Apartment Services.

Eden Supportive Living 222 N. State St., Champaign, IL 61820 (217) 903-5900 (V) www.edensupportiveliving.com

Eden Supportive Living is a lifestyle designed for people with physical disabilities ages 22-64. At Eden, a person can live among their peers, while taking comfort in knowing there are licensed health professionals available to assist with daily living activities or health emergencies. A monthly fee covers everything: rent, utilities, 3 daily meals, housekeeping, laundry, assistance with transportation, personal care, and medical reminders. Qualified residents eligible for financial assistance under Medicaid may be able to receive financial assistance for their care at Eden.



### **RESIDENTIAL SERVICES**

Individual Advocacy Group, Inc.

1289 Windham Parkway Romeoville, IL 60446 630-759-0201 www.indivdiualadvocacygroup.com

Individual Advocacy Group, Inc., (IAG) promotes individualized, customized, person-centered supports and services for people in Champaign County. Areas of services include: **customized**, **community integrated living arrangements in small homes** (4 person & under) for people with developmental/intellectual disabilities **and flexible day services**.

Swann Special Care Center 109 Kenwood Rd., Champaign, IL 61821 (217) 356-5164 http://www.swanncare.org/

Swann Special Care Center is a **home for children and adults** who have severe and profound developmental disabilities. The staff consists of skilled professionals, paraprofessionals, and trained nursing assistants who, with other support staff, provide a caring atmosphere in which residents' physical, medical, nutritional, educational, emotional, and social needs are met.

#### **Tenant Union, Champaign-Urbana**

Lincoln Building, 44 E. Main St., Suite 208, Champaign, IL 61820 (217) 352-6220 www.tenantunion.illinois.edu

The program provides **information**, **counseling and advocacy** for those with concerns related to landlord/tenant relations, including evictions, lease contracts, damage deposit disputes, discrimination in renting and repair problems. The Tenant Union also compiles complaint histories regarding landlords. A Spanish-speaking staff person is available on Mondays, Wednesdays, and Fridays. Telephone or walk-in 9:00 a.m. to 5:00 p.m., Monday through Friday and until 6:00 p.m. on Tuesdays and Thursdays.



#### **Al-Anon/Alcoholics Anonymous**

Al-Anon (217) 373-4141 \* AA Hotline: (217) 373-4200 www.al-anon.org

AA and Al-Anon assist family members of persons who abuse alcohol.

Alateen (217) 373-4141 www.alanon.alateen.org

Alateen provides assistance to teens who have family members who abuse alcohol.

#### **Champaign County Operation Snowball**

809 S. Fifth Street, Champaign, IL 61820 (217) 337-5809 www.champaignsnowball.org

Operation Snowball provides community-based **prevention and health promotion** activities with an emphasis on **teens helping teens**. Services and activities include Tuesday night group discussion, information concerning alcohol, drugs, sexuality and life skills, and experiential events, (e.g. 4-day retreats and teen leadership training).

#### **Champaign County 4-H – Youth Programs**

801 N. Country Fair Dr., Suite D, Champaign, IL 61821 (217) 333-7672 www.4-h.illinois.edu

Youth receive leadership training and **learn about career opportunities** through this national organization. Adult volunteers provide guidance in special projects such as animal care, communication, arts, natural resources, and the environment.



**Community Choices** 44 E. Main St., Suite 206, Champaign, IL 61820 (217) 621-1090 www.communitychoicesinc.org

Our mission is to partner with people with disabilities in Champaign County in their pursuit of independence, opportunity, and choice by offering quality, self-directed supports and services in order to assist in community living. Areas of service include: Community Living, Person-Centered Planning, Customized Employment, Social/Self-Advocacy Opportunities, and Family Support.

**Community Elements - Mental Health Center of Champaign County** 801 N. Walnut, Champaign, IL 61820 and 1801 Fox Dr., Champaign, IL 61820 (217) 398-8080 \* 24 Hour Crisis Line (217) 359-4141 www.communityelements.org

Community Elements provides the following services to persons with mental health conditions: assessment, counseling, case management, crisis stabilization, psychosocial rehabilitation, and residential services. Additional programs specifically designed for youth and their families include: STEP (Supportive Transition and Empowerment Program) a transitional living program for runaway or homeless youth aged 16-21, Mental Health Juvenile Justice Initiative (MHJJI), and Parenting with Love and Limits (PLL). Community Elements also provides specialized coordination of services for individuals with both developmental and mental health disabilities.

#### **Community Service Center of Northern Champaign County**

520 E. Wabash, Rantoul, IL 61866 (217) 893-1530

This organization operates First Call For Help (a **hotline** for information, referral, and advocacy services), an emergency **food pantry, clothing and shelter services**, transportation, and help to local neighborhood groups. Please call to verify service area.



Courage Connection 508 E. Church Street, Champaign, IL 61820 217-352-7151 Domestic Violence Hotline: (217) 384-4390 or (877) 384-4390 www.courageconnection.org

Courage Connection provides **housing and supportive services for individuals and families experiencing homelessness or who are victims of domestic violence**. We believe in the right of every person to safety and the potential of every person for success.

**C-U Autism Network,** a project of the Autism Society of Illinois PO Box 107, Savoy, IL 61874 Phone: 217-621-8429, e-mail: <u>info@cuautismnetwork.org</u> <u>www.cuautismnetwork.org</u>

**Support, education, and networking** for parents and professionals. Meets the first Thursday of the month from 6:30 - 8:00 p.m., September-May, at the Stephen's Family YMCA in Champaign. Free events for children include childcare and a sibling support group. Family events are offered throughout the year.

**Developmental Services Center (DSC)** 1304 W. Bradley Ave., Champaign, IL 61821 (217) 356-9176 (V) \* (217) 359-0288 (TTY) Contact: Intake Specialist www.dsc-illinois.org

DSC serves approximately 1,400 children and adults with developmental disabilities, such as epilepsy, cerebral palsy, autism, cognitive disabilities, Down syndrome, or other disabling conditions. DSC's core services continue to fulfill our mission "to enhance the lives of individuals with disabilities by providing services and supports which enable them to live, work, learn and participate in their communities." These services include: **Case Management & Family Support, Family Development Center, Developmental Training, Residential**, and Employment Services.



**Down Syndrome Network (DSN)** 2708 Willowpark Drive, Champaign, IL 61821 (217) 355-6289 www.champaigndsn.org

The Down Syndrome Network operates as a not-for-profit organization serving families with members with Down Syndrome in Champaign County. The DSN offers **support to families** mainly by being a source of **current information for parents, professionals, and the general public**. It also reaches out to new parents, and raises awareness of Down Syndrome in our community.

#### **Equip for Equality, Inc.**

1 W. Old State Capitol Plaza, Springfield, IL 62701 (800) 537-2632 (V & TTY) www.equipforequality.org

Equip for Equality is an **advocacy organization** for the rights of people with developmental disabilities and mental illness. Service programs are based on eligibility criteria. Please call for more information.

#### Family Service, Family Caregiver Program

405 S. State St., Champaign, IL 61820 (217) 352-5100 http://www.famservcc.org/family-caregiver-support/

The Caregiver Advisor can help you in your role as a family caregiver. She can provide information, help you access services or benefits, advocate to get those services properly in place, offer education or training, and provide support for you. **Eligibility:** Those who are caring for a family member or friend who is age 60 or older, and **those who are caring for an adult child with disabilities.** 



#### **Guardianship and Advocacy Commission, Illinois East Central Regional Office** 423 S. Murray Rd., Rantoul, IL 61866 (217) 892-4611 (V) \* (312) 793-5937 (TTY) www.gac.state.il.us

This advocate organization for the rights of persons with disabilities conducts fact-finding of alleged denial of rights of persons with disabilities. The Office of State Guardian appoints a guardian of last resort for adults with disabilities who are unable to make or communicate their own personal or financial decisions, and when there is no family member or friend available to be the guardian. The Human Rights Authority of the Commission (HRA) **investigates complaints** of alleged violations against disability laws, providing a free forum that permits negotiation with providers and avoids the confrontational environment of the courtroom. The Legal Advocacy Service (LAS) **provides legal advice, counseling, and representation** to eligible persons who have mental, developmental, physical, or age related disabilities. LAS represents individuals in a variety of settings: nursing homes, mental health facilities, residential facilities, and the community. LAS may assist with legal problems that encompass mental health facilities, treatment, special education, guardianship, confidentiality, and other matters that affect persons with disabilities.

#### Land of Lincoln Legal Assistance Foundation, Inc.

302 N. First Street, Champaign, IL 61820 (217) 356-1351 (V) \* (217) 356-0624 (TTY) (800) 747-5523 Toll Free Line \* (217) 356-7621 Fax www.lollaf.org

Provides **legal assistance** to low-income individuals. Services include advice, brief service, negotiation and litigation on matters such as welfare, medical assistance, utilities, divorce, custody, consumer cases, housing and much more. Please call for further information on services offered and eligibility guidelines.



#### Low Vision Support Group of East Central Illinois - PACE, Inc.

1317 E. Florida Ave., Urbana, IL 61801 (217) 344-5433 (V) \* (217) 344-5024 (TTY)

This life goal oriented organization provides **support and education** for people with low vision and their family members. The group charges a small membership fee. Call for meeting times and location.

#### NAMI of Champaign County

PO Box 1514, Champaign, IL 61824 (217) 419-5345 www.namichampaign.nami.org

National Alliance on Mental Illness (NAMI) of Champaign County provides communication and fellowship among people living with mental illness and their parents, guardians, and relatives in Champaign County and area communities; interested professionals are also welcome. **Lends mutual support and furthers interests of families living with mental illness**. NAMI also sponsors a family-to-family education course, which stresses education to help remove stigma. Meets the second Monday of each month, except for July and August, at 7:00p.m. at 202 W. Park, Champaign. Centerpoint locks the doors at 7:00 p.m. Membership fee suggested of \$35 per family per year, consumer dues \$3. Lending library available.



#### PACE, Inc. – Center for Independent Living

1317 E. Florida Ave., Urbana, IL 61801 (217) 344-5433 (V) \* (217) 344-5024 (TTY) \* video phone: (217) 689-0289 www.pacecil.org

PACE serves people with disabilities or disability-related concerns by providing **advocacy**, **counseling**, **peer counseling**, **information and referral services**, **skills training**, **sign language interpreter referral**, **Braille services**, **personal assistant referral**, **and a speakers bureau**. Further, PACE provides **lists of accessible and subsidized housing** opportunities and accessible housing for sale or rent at market rates. PACE also provides **ramp resources**.

#### Rape Advocacy, Counseling & Education Services (RACES)

145A Lincoln Square, Urbana, IL 61801 Phone: (217) 344-6298 \* 24-Hour Rape Crisis Hotline: (217) 384-4444 www.cu-races.org

We are the community based rape crisis center serving Champaign, Douglas, Ford, and Piatt Counties in East-Central Illinois. We provide **free**, **confidential services** to anyone who has experienced sexual assault, abuse, or harassment and their loved ones. We also offer public education and training to schools, employers, and other organizations throughout our service area.

#### **Regional Planning Commission of Champaign County - ISC**

1776 E. Washington, PO Box 17760, Urbana, IL 61803 (217) 328-3313 www.ccrpc.org

The Regional Planning Commission provides a number of human service programs, including: **Independent Service Coordination (ISC)** for residents of Champaign County who have developmental disabilities, and the Homebuyer Assistance Program. ISC activities may include the Pre-Admission Screening (**PAS**) for state-funded residential and other services, **transition planning, advocacy, referral and linkage, monitoring, and crisis intervention.** ISC recommends that individuals with developmental disabilities enter the **PUNS database** (Prioritization of Urgency of Needs for Services). PUNS is a statewide database that records information about individuals who are potentially in need of services funded through the state Division of Developmental Disabilities now or within the next five years.



#### **Roundhouse – Community Elements**

311 W. White St., Champaign, IL 61820 (217) 359-5276 www.communityelements.org

A program of Community Elements - Mental Health Center of Champaign County, Roundhouse is a temporary homeless shelter serving community referred youth who are runaway, homeless, or atrisk for runaway or homelessness. Providing counseling and supportive services in a community integrated home type setting.

#### TAP - The Autism Program, at the University of Illinois

Doris Kelley Christopher Hall, 904 W. Nevada, Urbana, IL 61801 (217) 244-1395 www.theautismprogram.org

The Autism Program (TAP) is a state-wide network of resources for Autism Spectrum Disorders in the State of Illinois. Locally, we provide a New Diagnosis Orientation, Family Orientation **Program, Social Skill groups, an Autism Resource Room,** playgroup, training and technical assistance, and consultations.



### **TRANSPORTATION**

Carle Arrow Medivan 210 E. University Ave., Champaign, IL 61820 (217) 337-3911 (V)

www.arrowambulance.com

Medivan offers **door-to-door assistance** serving all area hospitals, nursing homes, clinics, doctor's offices, dentists, and other medically related businesses throughout Champaign County. Medivan comes equipped with a **wheelchair lift** and can accommodate riders in and out of wheelchairs and is linked to Carle Arrow Ambulance headquarters for emergency help if needed.

#### Champaign-Urbana Mass Transit District (MTD)

801 E. University Ave., Urbana, IL 61802 (217) 384-8188 (V) \* (217) 384-7433 (TTY) www.cumtd.com

Call for route and schedule information. Yearly bus passes are available free of charge for people with disabilities with proper certification (see Illinois Terminal).

#### **C-CARTS Rural Transit System**

801 E. University Ave., Urbana, IL 61802 (217) 344-4287 www.ruraltransits.org/champaign

Champaign County Area Rural Transit System (C-CARTS) **provides transportation services** to older adults (age 60 and over) and persons with disabilities within the rural areas of Champaign County. Rides may be scheduled Monday through Friday, 7:00am to 5:00pm.

#### **Illinois Terminal**

45 E. University Ave., Champaign, IL 61820 (217) 384-3577 (V)

The Illinois Terminal houses the MTD customer service center where an **annual bus pass, seasonal pass, dash pass, or tokens** can be purchased. Greyhound, Burlington Trailways, Lex Express, and Amtrak are also housed at the Illinois Terminal.



### **TRANSPORTATION**

#### **Quality Transport**

3515 N. Cunningham Ave., Urbana, IL 61802 (217) 607-2468

Medical transportation/para transit transportation.

#### Salvation Army Transportation Assistance

2212 N. Market St., Champaign, IL 61820 (217) 373-7825 Office \* (217) 373-8441 Fax

**Emergency transportation assistance** is provided on a case-by-case basis. Please call for more information.

#### Special Care Transport/Mommy's Cab

(Non-Emergency Medical Transportation) (217) 344-8731

The GMC 15-passenger **van accommodates wheelchairs** and stretchers. It can transport groups of seniors, church groups, students, and summer camp participants. All drivers are medically certified.

#### **Yellow Cab Company**

1204 Hagan Ave., Champaign, IL 61820 (217) 355-3553

Please call to verify **accessibility** information.



### **VOCATIONAL SERVICES**

#### **Community Choices**

44 E. Main St., Suite 206, Champaign, IL 61820 (217) 621-1090 www.communitychoicesinc.org

Our mission is to partner with people with disabilities in Champaign County in their pursuit of independence, opportunity, and choice by offering quality, self-directed supports and services in order to assist in community living. Areas of service include: Community Living/Person-Centered Planning, Customized Employment, Social/Self-Advocacy Opportunities, and Family Support. **Customized Employment services include discovering skills and interests, linking with employers/self-employment, job training, and problem-solving support.** 

#### **Cunningham Children's Home – Vocational Options**

1013 N. Cunningham Ave., Urbana, IL 61802 (217) 337-9047 www.cunninghamhome.org

Cunningham Children's Home provides vocational education services through their Vocational Options Program. Eligible unemployed youth who are out of school and between the ages of 18 and 25 may receive the training and support needed to make a successful transition into the workforce. Eligible individuals will learn positive coping and life skills, identify realistic vocational goals, and develop the skills to meet those goals.

#### **Developmental Services Center (DSC)**

1304 W. Bradley Ave., Champaign, IL 61821 (217) 356-9176 (V) \* (217) 359-0288 (TTY) Contact: Intake Specialist www.dsc-illinois.org

DSC is a comprehensive agency serving people with developmental disabilities and their families. Employment services **provide assessment**, **placement**, **training and support** to individuals with developmental disabilities for the purpose of the most independent employment possible. Employment services include training and skill development within DSC Business Operations, assistance in obtaining a community job, and on-the-job training and follow-up support.



### **VOCATIONAL SERVICES**

www.ides.state.il.us

#### Illinois Department of Employment Security – Illinois WorkNet Center 1307 N. Mattis Ave., Champaign, IL 61821 (217) 278-5700

The IDES processes payment of unemployment insurance benefits to eligible workers, offers a job service and **free public employment service**, and provides referral and placement services.

# Illinois Department of Human Services/Division of Rehabilitation Services (DHS/DRS), Illinois WorkNet Center

1307 N. Mattis Ave., Champaign, IL 61821 (217) 278-3500 (V) \* (217) 278-3510 (TTY) www.dhs.state.il.us/ors/

DHS/DRS offers clients **vocational evaluation, counseling and guidance**; physical and mental restoration; **job training and placement; educational assistance**; technical equipment; and followalong services. DHS/DRS also provides vocational services through the Bureau for the Blind Services and the Division of Services for Persons Who Are Deaf or Hard of Hearing, plus mobility instruction and training in daily living activities to people with visual impairments. Assistance is also offered with issues relating to the Americans with Disabilities Act.

#### **Parkland Career Center**

2400 W. Bradley Ave., Room A175, Champaign, IL 61821 (217) 351-2536 www.parkland.edu/careercenter

Provides informational pamphlets on job search strategies and maintains current employment listings throughout the year. Offers free career planning seminars every third Tuesday evening from 6:00 p.m. - 8:00 p.m. monthly. Publishes JobLine, the Parkland College Job Bulletin, which reports the new part-time, full-time, and on-campus jobs listed each week with the Career Center. Many services are open to all residents of Community College District 505.



### **VOCATIONAL SERVICES**

#### **Page II Developmental Training Program**

2005 Round Barn Rd., Champaign, IL 61821 (217) 398-0950 http://www.swanncare.org/

Page II is a program offered by the Swann Special Care Center (see listing under "Residential Services"). When an individual residing at Swann turns age eighteen, he/she may be eligible to participate in a special **day training program**. The work experiences portion includes experience in the laundry, office, bookstore, and restaurant. Other daily programs include communications, recreation/leisure, physical therapy, and a video center.

#### **Regional Planning Commission - Workforce Development Services, Illinois WorkNet Center**

1307 N. Mattis Ave., Champaign, IL 61821 (217) 531-8282 www.illwa17.com

The Champaign Consortium is a not-for-profit corporation chartered to provide training and employment services to the economically disadvantaged and other persons who face serious barriers to employment and who live in Champaign, Ford, Iroquois and Piatt Counties. The Champaign Consortium, through the Workforce Investment Act (WIA), strives to prepare eligible youth, adults, and dislocated workers for entry/re-entry into the labor force. Job training and job search assistance services have been developed to help meet the needs of area business and industry as well as job seekers.

### **United Cerebral Palsy - Land of Lincoln** 101 N. 16<sup>th</sup> St., Springfield, IL 62703

101 N. 16<sup>th</sup> St., Springfield, IL 62703 (217) 819-3439 www.ucpll.org

United Cerebral Palsy Land of Lincoln provides innovative strategies to connect people with disabilities to their communities. UCP Land of Lincoln's **Employment Services** include career exploration and assessment and an intense job development and placement program. Supported employment services include job coaching and case management for people who need on-site job assistance and support.



### **HOTLINE AND TOLL-FREE NUMBERS**

AIDS Hotline	1-800-AID-AIDS
Alcohol & Drug Abuse Hotline1-	800-ALCOHOL/1-800-622-HELP
American Diabetes Association	
Coalition for Citizens with Disabilities in Illinois	
Crisis Line.	
Direction Services of Illinois (Disability)	
Epilepsy Foundation of America.	
First Call for Help	
Great Lakes Disability & Business/Technical Assistance Center	
Hearing Aid Action Line	
Hearing Helpline Better Hearing Institute	
Illinois Attorney General	
Illinois Child Abuse Hotline.	
Illinois Clearinghouse for Early Intervention	
Illinois Relay Center (Hearing Impaired)1-800-520	
Job Accommodation Network	1 800 526 7224
National Clearinghouse on Post-Secondary Education for Pers	
National Down Syndroma Society	
National Down Syndrome Society	
National Easter Seal Society	
National Library for the Blind & Physically Handicapped	
National Rehabilitation Information Center	
National Spinal Cord Injury Hotline	
Orton Dyslexia Society	
Parents-Too-Soon.	
Spina Bifida Association of America	1-800-526-3456/1-800-621-3141

### FOR ADDITIONAL RESOURCES

### The Help Book Online – A Program of Family Service

405 S. State St., Champaign, IL 61820

http://www.helpbook.famservcc.org/

This **directory of human and social services** for Champaign County is available in print and on a website which allows you to search by index or keywords. Published by Family Service of Champaign County and The C-U Public Health District.