**Elementary Social-Emotional Learning Options for Home:**

**Free Social Emotional/Active Websites:**

**Centervention-** free printable resources on variety of coping/social skills

* They have membership fees for interactive games/activities

**Go Noodle**- site for movement breaks; free movement and mindfulness videos

**Zones of Regulation-** google free pdf printable worksheets for free downloads

**Feeling Worksheets**- google free feeling worksheets/curriculum

**PBSKids.org-** feeling games, teamwork games, videos/songs on variety subjects

**Do2learn-** do2learn.com/games/feeling game/index.htm

* Go to social skills tab- for communication skills, social behavior, social skills toolbox, emotions color wheel, social emotional skills- all have free downloads for worksheets and interactive feeling game.

**Website- monthly subscription for parents- free for educators/social workers**

**Emotional ABC’s**- interactive lessons, videos, games, printable worksheets on identification of feelings and emotional regulation skills. (Parents $9.99 a month/Educators free)

**Social-Emotional Apps**

**The Social Express**- how to perceive emotions and handle social situations- free options/video

**Zones of Regulation**- free game with using Zone knowledge/coping skills

* Many free- search by topic

**You Tube- Social Emotional Videos/Lessons**

**Second Step- 4th grade lessons** found here- Understanding Different Perspective & other many lessons- just google Second Step 4th grade/3 grade lessons

Lesson 1- Empathy & Respect

<https://www.youtube.com/watch?v=PFPkyXAvBnI>

**Second Step- Calm It Down Dance- Video**

[**https://www.youtube.com/watch?v=P8TliPQNfsc**](https://www.youtube.com/watch?v=P8TliPQNfsc)

**Seasme Street:**  Common & Colbie Caillat- Belly Breathing w/Elmo- teaching belly breathing

<https://www.youtube.com/watch?v=_mZbzDOpylA>

**Feeling Songs/Videos-** do global search- many options

<https://www.youtube.com/watch?v=-J7HcVLsCrY>

<https://www.youtube.com/watch?v=ZHS7vCdBeus>

<https://www.youtube.com/watch?v=BXWNhq-lPD8>

**Wonder Grove Kids**- many cartoon videos on arrange of social, coping, school, & play skills

* R.E.S.P.E.C.T.- S8 E4- 1/15/19- 1 full hour of compilation (S6 E12)

<https://www.youtube.com/watch?v=k-6ws8LZECU>

* Topics: Keep Your Hands to Yourself, We Don’t Push (lining up/waiting your turn)

<https://www.youtube.com/watch?v=8iTPPh1d2j8>

* Working Together as a Team

[https://www.youtube.com/watch?v=TZqFYtWCWXg&list=PL4Lc3762P1Q9ts9iylB](https://www.youtube.com/watch?v=TZqFYtWCWXg&list=PL4Lc3762P1Q9ts9iylBPWXdACuX_Yu4U2)

[PWXdACuX\_Yu4U2](https://www.youtube.com/watch?v=TZqFYtWCWXg&list=PL4Lc3762P1Q9ts9iylBPWXdACuX_Yu4U2)

* Relaxation & Breathing

<https://www.youtube.com/watch?v=72tuXlAuYso>

**Support for Parents**

**CASEL Website:** casel.org

* ConfidentparentsConfidentkids.org/2020/03/13/mykids-school-is-closed-so-now-what/

**Social Story** (shared by Caitlin)

* https://www.flipsnack.com/keshetChicago/coronavirus-social-story/full-viewhtml

**Cartoon (**shared by Susie)

.

* <https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus?utm_term=nprnews&utm_campaign=npr&utm_source=facebook.com&utm_medium=social&fbclid=IwAR11t78r0y4hXB1pVPMpcTfXdMCUWE_Cmn7z2PHay05x4JYbtou-7rO3x_c>