



Transitioning Young Adults with Autism Group

Facilitated by Jamie Stevens, this group is designed for transition age young adults with autism (ages 17-23). Starting mid-January, the group will run once a week for 15 weeks.

Topics covered include:

- Dealing with the excitement, anxiety, and fear of living on your own
- Figuring out who I am as an adult outside of my identity under my parents
 - The exhilaration and disappointment of romantic relationships

As the group develops, members will designate more topics they would like to work on.

For more information contact Jamie Stevens at jstev6@uis.edu or (217)621-8533