

RCCSEC Transition Resource Library- Independent Living/Social Skills

Be Cool: Coping With Difficult People (Special Needs HS Edition, Four Modules with DVD videos and Teacher Manuals; James Stanfield Co.)

BCHS-1: Module 1: Coping With Teasing (DVD and Teacher Manual)

BCHS-2: Module 2: Coping With Anger (DVD and Teacher Manual)

BCHS-3: Module 3: Coping With Criticism (DVD and Teacher Manual)

BCHS-4: Module 4: Coping With Bullying (DVD and Teacher Manual)

Being With People (DVD Video Series w/ Teacher Manual, Two Binder Sets; Four Parts – 4 DVDs; James Stanfield Co.)

Binder/Set 1:

Part 1: Being With Friends

Part 3: Being With Housemates

Binder/Set 2:

Part 2: Being With A Date

Part 4: Being With Authority Figures, Acquaintances & Strangers

CBSP: Scale of Community-Based Social Skill Performance

(Assessment forms and instructions, James Stanfield Co.)

Circles: Intimacy & Relationships – Level 1 (DVD Video Series w/ Facilitator Workbooks , DVDs, 2 Parts/Binders, Floor Map, Posters, and Handouts; James Stanfield Co.)

Binder/Part 1: Relationships (3 DVDs)

Binder/Part 2: Relationship Building (3 DVDs)

Circles: Intimacy & Relationships – Level 2 (DVD Video Series w/ Facilitator Workbooks , DVDs, 2 Parts/Binders, Floor Map, Posters, and Handouts; James Stanfield Co.)

Binder/Part 1: Social Distance - Expanded (2 DVDs)

Binder/Part 2: Relationship Transitions (2 DVDs)

Community Man: Promoting Full Use of Community Resources (DVD Video Series w/ Teacher Manual, One Binder, Four Parts – 2 DVDs; James Stanfield Co.)

Series #1: Health & Safety Services

Part 1: The Fire Dept.

Part 2: The Police Dept.

Part 3: Health Care

Part 4: The Pharmacy

DateSmart-1: Dating Skills & Saying “No”
(3 DVD videos and Teacher Manual, James Stanfield Co.)

Part 1: The Art of saying “No”

Part 2: How to Practice Abstinence

Part 3: How to Protect Your Boundaries

DateSmart-2: Dating Skills & Saying “No”
(3 DVD videos and Teacher Manual, James Stanfield Co.)

Part 4: How Girls Can Avoid Getting into Trouble

Part 5: How Boys Can Avoid Getting into Trouble

Part 6: Understanding the Opposite Sex

Explore Budgeting (Attainment Co.)

(Teacher Manual, Student Text, Workbooks 1 & 2)

Explore Personal Care (Attainment Co.)

(Teacher Manual, Student Text, Workbook, Flashcards & 2 DVD videos)

Explore Social Skills (Attainment Co.)

(Teacher Manual, Student Texts: Personal Care Survival Guide for Men & Personal Care Survival Guide for Women, Flashcards & 2 DVD videos)

Explore Your Community (Attainment Co.)

(Teacher Manual, Student Text, Workbook & 2 DVD videos)

First Impressions: Presentation Skills to Win Respect and Influence Others...for people with special needs (Six Modules, with DVD videos and Teacher Manuals, James Stanfield Co.)

Module 1f: Hygiene, Female Version (DVD, teacher manual)

Module 1m: Hygiene, Male Version (DVD, teacher manual)

Module 2f: Grooming, Female Version (DVD, teacher manual)

Module 2m: Grooming, Male Version (DVD, teacher manual)

Module 3: Dress (2 DVDs, teacher manual)

Module 4: Attitude (2 DVDs, teacher manual)

Focus On Transition: A Workbook for Independent Living Skills. Provides realistic tasks and activities to help adolescents and adults who have cognitive deficits affecting communication. Each of ten units highlight specific functional communication objectives. Unit topics include: Home and work, Health care, Money and shopping, Travel and transportation. **(Pro-Ed, Inc.)**

Health Advocacy Program (Attainment Co.)

(Curriculum/Lesson Plans, Student Workbook: Making Healthy Choices, DVD video & Supporting Healthy Lifestyles: A Guide for Support Professionals)

Home of Your Own: Cooperative Living Training Program (DVD Video Series w/ Facilitator Workbook, 2 DVDs, 4 Parts; James Stanfield Co.)

Part 1: Borrowing & Lending Money

Part 2: Sharing Expenses & Common Areas

Part 3: Community Awareness & Consumer Skills

Part 4: Conflicts With Strangers, Acquaintances, Housemates & Staff

In the Driver's Seat: a Comprehensive Driver's Education Program. This program is **designed for teenagers and adults who are reading below grade level but have the ability to become safe drivers.** Helps students master the basic skills and concepts taught in driver's education classes. **Includes Teacher's Guide and Student Workbooks.** As students read the text and complete the activity sheets, they learn the information they need to successfully pass the written portion of the driver's license exam. **(Reading Level: 3-4.5; Pro-Ed, Inc.)**

Life Facts: A Health & Safety Series (DVD Video Series w/ Teacher Manuals, Six DVDs, Six lessons; James Stanfield Co.)

Program 1: Sexuality: Human sexuality lesson for adolescents w/ special needs

Program 2: Substance Abuse: Teaches dangers of substance use; refusal skills

Program 3: Managing Illness: Covers self care, preparedness & prevention

Program 4: Sexual Abuse Prevention: Teaches essential self-protective skills

Program 5: Managing Emotions: Teaches the C.A.L.M. system

Program 6: SmartTrust: Trains how to avoid being gullible

Life Skills Lessons/Aligning Life Skills to Academics: 650 Ready-to-use Transition Activities & Worksheet Directory (Attainment Co.)

Academic Areas Addressed:

1: Math

2: Social Studies

3: Science/Health

4: Language Arts

Life Skill Stories: A Six-Part Series w/ Teacher Manual (Attainment Co.)

Book 1: Organizing Your World

Book 2: Showing Responsibility

Book 3: Being Flexible

Book 4: Using social Skills

Book 5: Exploring Resources

Book 6: Analyzing Situations

Living On Your Own (Attainment Co.)

(Teacher Manual/Lesson Plans, Student Text/Survival Guide, & DVD video)

Look 'n Cook: Microwave Cookbook & Lesson Plans (Attainment Co.)

Mind Your Manners: Lessons in Social Conduct (DVD Video Series w/ Teacher Manual, Three DVDs, Six lessons; James Stanfield Co.)

Program 1: Teacher & Student Intro.

Program 2: Manners At Home

Program 3: Table Manners

Program 4: Manners At School

Program 5: Manners In Public

Program 6: Greetings & Conversation

**MoneySmart-1: Shopping Savvy and \$ Sense
(3 dvd videos and Teacher Manual, James Stanfield Co.)**

Part 1: How to Avoid Being a Compulsive Shopper

Part 2: How to Avoid Being a Spendthrift

Part 3: How to Be a Savvy Shopper

**MoneySmart-2: Shopping Savvy and \$ Sense
(3 dvd videos and Teacher Manual, James Stanfield Co.)**

Part 4: How to Avoid Blowing Your Budget

Part 5: How to Avoid Being Duped or Scammed

Part 6: How to Be Safe While Shopping

**PeopleSmart-1: Friendship & Gullibility...
(3 dvd videos and Teacher Manual, James Stanfield Co.)**

Part 1: How to Meet People

Part 2: How to Turn an Acquaintance into a Friend

Part 3: How to Deepen a Friendship

**PeopleSmart-2: Friendship & Gullibility...
(3 dvd videos and Teacher Manual, James Stanfield Co.)**

Part 4: How to Mistake Friendliness for Friendship

Part 5: How to Avoid Getting into Trouble with Strangers

Part 6: How to Be Attractive to the Opposite Sex

Safety Skills Reader (Attainment Co.)

(Text & DVD video)

**SafetySmart-1: Safety Skills...
(3 dvd videos and Teacher Manual, James Stanfield Co.)**

Part 1: How to Be Safe at Home

Part 2: How to Be Safe as a Pedestrian

Part 3: How to Be Safe Using Transportation

SafetySmart-2: Safety Skills...

(3 dvd videos and Teacher Manual, James Stanfield Co.)

Part 4: How to Use Fire Dept. Resources

Part 5: How to Contact and Interact with Police

Part 6: How to Access Free Health Care and Get Help from the Pharmacy

Who's Future Is It? (Attainment Co.)

(Teacher Manual, Student Text, Workbook & Software Edition)

You're On Your Own: A Comprehensive Simulation to Prepare Students to Live Independently (DVD and 100 Real-Life Activities, Pro-Ed, Inc.)

Skills Addressed Include:

- Getting a Job
- Finding an Apartment
- Purchasing a Used Car
- Paying Monthly Bills
- Maintaining Budgets and Bank Accounts
- Shopping for Groceries
- Applying for a Credit Card