# CHAMPAIGN COUNTY TRANSITION SERVICES DIRECTORY



**Hotline Numbers** 



**Financial Assistance** 



**Recreation & Leisure** 



Transportation



**Educational Services** 



**Residential Services** 



**Vocational Services** 



**Health Care** 



**Support Services** 

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## **INTRODUCTION/ACKNOWLEDGEMENTS**

This Transition Services Directory is designed to assist in the transition from high school to adult life for the youth of Champaign County. Its main purpose is to provide a user-friendly directory of resources that are available in our area for youth, both during and after high school. The contents include information about organizations providing services in the following areas: educational services, financial support, health care, support services, recreation and leisure, residential services, transportation, and vocational services. Each listing includes the organization contact information and a brief description of the services they provide.

This directory was developed by the Transition Planning Committee (TPC) of Champaign County, Resource Directory Subcommittee. For additional copies, contact one of the following:

- 1) Your local high school Special Education Department, or
- The Department of Human Services/Division of Rehabilitation Services (DHS/DRS): (217) 278-3500, or
- 3) The Rural Champaign County Special Education Cooperative (RCCSEC): (217) 892-8877.

The Champaign County TPC Resource Directory Subcommittee (2006-07) that originally compiled this directory includes the following individuals:

- Sarah Jo Brenner, PACE Independent Living Specialist
- Evelyn Brown, Parkland College, Academic Development Specialist
- Michael Bryant, DHS/DRS Vocational Rehabilitation Counselor
- Michael Crossin, Champaign Unit 4 Schools, Vocational Specialist
- Janet Eckstein, Rantoul Township HS, Vocational Coordinator
- Beth Hanson, Urbana High School, Vocational Coordinator
- Stacy Huchel, RCCSEC/RTHS School Social Worker
- Vicki Johnson, RCCSEC Administrative Assistant (Directory Lay-Out)
- Jim Mayer, RCCSEC Transition Specialist (Subcommittee Chair)
- Angela Parks-Harris, Illinois Employment & Training Center, Disability Navigator
- Kelli Shirley, Champaign Unit 4 Schools, Special Education Asst. Director

**The current directory is a May 2018 revision** of a directory previously produced by the Champaign County TPC in April 2007, October 2009, February 2011, May 2013, and February 2016. Printing and production costs for the 2018 edition were covered by the following organizations:

- Urbana Knights of Columbus
- Illinois Department of Human Services/Division of Rehabilitation Services
- Rural Champaign County Special Education Cooperative

## **EDUCATIONAL SERVICES**



#### **Parkland College**

2400 W. Bradley Ave., Champaign, IL 61821-1899 General Info: (217) 351-2200 (V) \* (800) 346-8089 (toll free) <u>www.parkland.edu</u> Office of Accessibility Services: (217) 353-2338 (V) <u>http://www.parkland.edu/</u>

Parkland offers transfer courses, career programs, educational programs, and a wide range of career/educational services including financial assistance, planning, student student activities/organizations, counseling, and support services for individuals with disabilities. Support services include textbook taping, note takers, interpreters, talking calculators, print enlarging equipment, tutorial services, and special testing procedures. Additionally, Parkland offers the Center for Academic Success, which strives to provide Parkland students with affordable, accessible, and comprehensive instructional and support services in a stimulating, lowanxiety learning environment that builds confidence and encourages student learning. The center is staffed with faculty and peer tutors and two Academic Development Specialists with training and experience working with students with disabilities.

## **The Reading Group**

3011A Village Office Place, Champaign, IL 61822 (217) 351-9144 www.readinggroup.org

This team of highly qualified learning and disabilities specialists works in partnership with teachers, parents and community leaders to overcome problems related to learning disabilities and illiteracy. They offer one-on-one **reading instruction**, group instruction, and diagnostic testing to children and adults with learning disabilities and learning problems. The focus is on an individualized, multi-sensory approach to learning, often using computers and interactive software.

## Sylvan Learning Center

2001 Round Barn Road, Champaign, IL 61821 (217) 318-3733 www.educate.com

Sylvan offers both remedial and enrichment programs, and **provides assistance to individuals with learning disabilities**. They also offer diagnostic evaluation and provide individualized services in reading, math, study skills, English, writing, and ACT and SAT preparation.



## **EDUCATIONAL SERVICES**

# University of Illinois, Division of Disability Resources and Educational Services (DRES)

1207 S. Oak St., Champaign, IL 61820 (217) 333-4603 (V) \* (217) 333-1970 (TTY) www.disability.uiuc.edu

The University of Illinois was the first university (1947) in the country to offer students with disabilities access to a mainstream educational environment. Currently more than 2,000 University of Illinois students with disabilities are registered with DRES and receive academic accommodations and support services. DRES provides the following array of services for qualified students: Psychology Services, Learning Disabilities Services, Mobility and Systemic Disability Services, Vision and Hearing Disability Services, Testing Accommodations, Assistive Technology Services, Text Conversion Services, Video Captioning Services, Transportation Services, Physical Therapy, Campus Life, and Beckwith Residential Support Services at Nugent Hall.

## **Urbana Adult Education Center**

211 N. Race St., Urbana, IL 61801 (217) 384-3530 www.usd116.org/adult/

The Urbana Adult Education Center offers students the ability to complete high school work through <u>GED</u> programs, high school diploma classes, and high school credits. They offer free reading, writing, math, and English classes for 1<sup>st</sup> through 12<sup>th</sup> grades; a Certified Nurses Aid **Program; English as a Second Language**, and several enrichment and skill development classes.



## FINANCIAL ASSISTANCE

## **Division of Rehabilitation Services, Benefits Planning Program**

100 S. Grand Ave. East, Springfield, IL 62794 1-217-558-6326 (V) www.state.il.us/agency/dhs

The DHS/ Division of Rehabilitation Services - Benefits Planning Program is a free service for customers currently on Supplemental Security Income (SSI) and/or Social Security Disability Insurance (SSDI) benefits and also a current or former Division of Rehabilitation customer. We also work with the work incentives that go along with Social Security to **help you maintain your benefits for a longer period of time while you are working**. Along with this, we also have knowledge of food stamps, unemployment insurance, housing and other state benefits and how they will affect your Social Security Benefits and earnings from work.

#### **Illinois Department of Human Services/Family Community Resource Center**

705 N. Country Fair Dr., Champaign, IL 61822 (217) 278-5605 (V) \* 1-866-451-5784 (TTY) www.dhs.state.il.us/

This organization provides **cash assistance, medical programs, and food stamp benefits** to qualifying individuals with low-incomes. For example, in Illinois, DHS administers the Medicaid program. Job training and placement, childcare access, homeless prevention, and other services are also available. Applications for benefits are accepted online as well as in-person.

## **Social Security Administration**

101 S. Country Fair Dr., Champaign, IL 61821 1-800-772-1213 (V) \* (217) 398-5399 Local Office \* 1-877-486-2048 (TTY) www.ssa.gov/

Supplemental Security Income (SSI) is a federal income maintenance program administrated by the Social Security Retirement Program. SSI provides **monthly payments** to individuals with disabilities and the elderly who meet eligibility criteria. Call or visit the local office if you have a problem with your monthly SSI checks or are receiving SSI and have gotten a job.



## HEALTH CARE

#### **Carle Foundation Hospital**

611 W. Park St., Urbana, IL 61801 (217) 383-4636 www.carle.com

Carle Foundation Hospital is a 413-bed regional care hospital, and is a Level I Trauma Center. They offer all major specialty services including **obstetrics**, **perinatal/neonatal**, **intensive care**, **Heart Center**, **Cancer Center**, **neurosurgery**, **orthopedic surgery**, **and oral surgery**. A **community care financial program** assists families with hospital bills, and **free community education programs** are available. In an emergency, call (217) 383-3313. For social services, call Social Work and Discharge Planning at (217) 383-3119.

#### **Carle Physician Group**

602 W. University Ave., Urbana, IL 61801 (217) 383-3311 www.carle.com

Carle Physician Group is comprised of more than 300 physicians practicing in more than 50 specialties and subspecialties, at locations throughout central Illinois.

#### **Champaign County Health Care Consumers**

44 E. Main St., Suite 208, Champaign, IL 61820 (217) 352-6533 www.healthcareconsumers.org

CCHCC is a nonprofit, grassroots citizen action organization, which operates a free Consumer Health Hotline, which provides **information**, **referral**, **and advocacy services** to callers throughout East Central Illinois. Hotline advocates assist callers with their problems related to the healthcare system including denial of treatment, lack of access, insurance problems, Medicaid and Medicare questions or problems, referrals, research, and more. CCHCC also operates the **Dental Referral Program**, which links low-income adults in Champaign County with dentists who provide dental care at reduced rates, and was a participant in the **SSI Youth Transition Project**, which provides advocacy and assistance to youth with disabilities in Champaign County who are applying for, or must re-qualify for disability benefits.

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## **HEALTH CARE**

## **Champaign-Urbana Public Health District**

Main Office: 201 W. Kenyon, Champaign, IL 61820 (217) 352-7961 Rantoul Satellite Office: 520 E. Wabash Dr., Rantoul, IL 61866 (217) 893-0832 www.c-uphd.org

CUPHD offers nutrition and wellness programs; immunizations, TB testing, and flu and pneumonia vaccinations; prevention and treatment of sexually transmitted diseases; and confidential or anonymous testing for HIV. Nurses provide **telephone information for health concerns**; home visits; blood pressure, blood sugar, and cholesterol screenings; lead screening follow-up; and a clinic for homeless persons. School nursing services include: vision and hearing screening, genetic education and referral, pregnancy testing, prenatal care, and case management **services for infants and pregnant women**.

#### **Christie Clinic** 101 W. University Ave., Champaign, IL 61820 (217) 366-1200 www.christieclinic.com

This multi-specialty medical group has over 40 departments and 35 specialties, and provides a full range of **outpatient medical services**.

## Promise Healthcare, Frances Nelson Health Center

819 Bloomington Rd., Champaign, IL 61821 (217) 356-1558 www.promisehealth.org

Frances Nelson is a **family medicine health center** dedicated to providing affordable and accessible high quality care to our patients. We offer **income-based discounts and benefits enrollment assistance**. Further, the **SmileHealthy Dental Center** at Frances Nelson is dedicated to providing excellent oral health care to the underserved community. We have **bilingual staff**, in-person interpreters on site, and **materials available in Spanish**, **French and Mandarin**.

## **HEALTH CARE**

#### **Illinois Department of Human Services/Family Community Resource Center** 705 N. Country Fair Dr., Champaign, IL 61822

(217) 278-5605 (V) \* 1-866-451-5784 (TTY) www.dhs.state.il.us/

This organization provides **cash assistance, medical programs, and food stamp benefits** to qualifying individuals with low-incomes. For example, in Illinois, DHS administers the **Medicaid** program. Job training and placement, childcare access, homeless prevention, and other services are also available. Applications for benefits are accepted online as well as in-person.

#### **Lions Club**

P.O. Box 175, Champaign, IL 61820-0175(217) 352-6300 (for info about eye glasses and hearing aids assistance)www.champaignlions.org

Lions Club provides financial **assistance toward eye examinations, eyeglasses, and hearing aids** for individuals in need. Assistance is usually one time per person. Family Service First Call for Help at (217) 352-6300 provides screening and referral to local Lions Clubs. In Rantoul, call Community Service Center at (217) 893-1530 to contact Lions Club.

## The Pavilion: Behavioral Health System

809 W. Church St., Champaign, IL 61820 (217) 373-1700 \* 1-800-373-1700 www.pavilionhospital.com

The Pavilion offers a safe and nurturing environment where children, adolescents, adults and senior adults can find hope and healing from emotional, psychiatric and addictive diseases. The Pavilion Behavioral Health System includes a 77 bed inpatient hospital, a residential treatment center, and a residential addictions treatment program. Outpatient services include partial hospitalization and intensive outpatient services as well as The Pavilion Foundation School, a private day school serving students with learning disabilities and behavior disorders.



## **HEALTH CARE**

## **Planned Parenthood of East Central Illinois**

302 E. Stoughton St., Champaign, IL 61820 (217) 359-8022 www.plannedparenthood.org

Planned Parenthood provides **diagnosis and treatment of gynecological problems**, contraceptive supplies (prescription and nonprescription), emergency contraception, pregnancy testing and options information, first trimester abortions, **HIV testing, and STD testing, treatment and vaccines**. **Fees** for most services are **on a sliding scale**. Insurance and Medicaid are accepted.

#### **OSF Healthcare, Heart of Mary Medical Center**

1400 W. Park St., Urbana, IL 61801 (217) 337-2000 (V) \* (217) 337-4500 (TTY) www.osfhealthcare.org/heart-of-mary

OSF Heart of Mary Medical Center is a 206-bed comprehensive health care facility serving the Champaign-Urbana, Illinois community. Services include the area's largest inpatient **rehabilitation center**. OSF Heart of Mary has been recognized for its **treatment of heart failure**, **stroke**, **perinatal care and total knee and hip replacement**, in addition to being home to the area's only Adult Behavioral Health unit in a hospital setting.

UIC – Specialized Care for Children 510 Devonshire, Suite A, Champaign, IL 61820 217-333-6528 http://dscc.uic.edu/

University of Illinois at Chicago's Division of Specialized Care for Children provides **free care coordination for families of children with special health care needs**. Additionally, we are able to provide **some financial support to families** who meet our financial eligibility guidelines. As a division of UIC, we have unique access to resources and research to assist Illinois families and children with special healthcare needs. We have 12 regional offices throughout the state of Illinois. The Champaign Regional Office provides care to children and families in the following counties: Champaign, Douglas, Ford, Iroquois, Kankakee, McLean, Macon, Moultrie, Piatt and Vermilion.



## **RECREATION AND LEISURE**

**Champaign Park District** 706 Kenwood Rd., Champaign, IL 61821 (217) 398-2550 (V) www.champaignparkdistrict.com

The CPD has 51 parks covering 510 acres. They provide park services and **recreational programs** to residents of all ages as well as **adaptive recreational activities** offered by the Champaign and Urbana Park Districts Special Recreation Program.

#### **Champaign County Forest Preserve District (CCFPD)**

PO Box 1040, Mahomet, IL 61853 (217) 586-3360 (V) \* (217) 586-5724 Fax www.ccfpd.org

The CCFPD operates **six forest preserves** in East Central Illinois that cover more than 5000 acres and serve you with a wide range of offerings:

- 1) Lake of the Woods F.P., Mahomet
- 2) Homer Lake F.P., Homer
- 3) Middle Fork River F.P., Penfield
- 4) River Bend F.P., Mahomet
- 5) Sangamon River F.P., Fisher
- 6) Kickapoo Rail Trail

#### **Champaign County Convention & Visitor's Bureau**

17 E. Taylor St., Champaign, IL 61820 (217) 351-4133 (V) www.visitchampaigncounty.org

**See all that Champaign County has to offer**. We've got museums, galleries, theater and art; see college sports, concerts, and plays; enjoy dining out, golfing, bowling, hiking and more. Please visit our website for information on upcoming events.



## **RECREATION AND LEISURE**

## **C-U Special Recreation**

1311 W. Church Street, Champaign, IL 61821 (217) 239-1152 (V) \* (217) 239-1157 (TTY) www.cuspecialrecreation.com

Provides **recreation programs** and **leisure services** for individuals whose limitations or disabilities may limit successful participation in other recreation programs, and assists people with disabilities to participate in Park District programs.

#### **Special Olympics Illinois**

902 N. Country Fair Drive, Unit #7, Champaign, IL 61821 (217) 355-1750 (V) www.soill.org

Join the nearly 20,000 athletes in Illinois who gain sports skills, the joy of teamwork, self-esteem, and friendship by participating in **Special Olympics**.

## Stephens Family YMCA/Larkin's Place

2501 Fields South Drive, Champaign, IL 61822 (217) 359-9622 (V) www.sf-ymca.net

The Stephen's Family YMCA is specifically designed to support and integrate children and families at all developmental levels, encouraging acceptance, play and growth for everyone. While the philosophy and spirit of Larkin's Place permeates every aspect of the Y from design to programming, classes designated as "Larkin's Place Programming" incorporate additional therapeutic, developmental and social goals.

#### Urbana Park District 505 W. Stoughton St., Urbana, IL 61801 (217) 367-1544 (V) www.urbanaparks.org

The UPD has 22 parks and facilities and offers **leisure services and programs**, including sports, aquatics, cultural arts, and special events.



## **RESIDENTIAL SERVICES**

#### Alan G. Ryle & Companies

4102 Belmont Point, Champaign, IL 61822 (217) 398-6529 (V) \* 1-800-880-6571 (V) www.ryle.com

This group of companies offers a variety of residences for adults with developmental disabilities, including intermediate care facilities, **apartments**, community integrated living arrangements (CILA), and **group homes**.

#### **Community Choices**

44 E. Main St., Suite 419, Champaign, IL 61820 (217) 621-1090 www.communitychoicesinc.org

Community Choices is organized as a cooperative where adults with developmental disabilities and their families support each other. Members of the cooperative share information and resources. Community Choices provides services open to both members and non-members including **Community Living,** Customized Employment, and Family Support. Members have additional access to Social Opportunities.

**CTF Illinois** 1902 Fox Dr., Suite B, Champaign, IL 61820 (217) 352-7158 (V) www.ctfillinois.org

CTF Illinois is a nonprofit organization that has provided services throughout the state of Illinois since 2000. CTF assists people with diverse disabilities through a variety of programming, including: advocacy efforts and education, developmental training, **residential services**, community support, job development, and more.



## **RESIDENTIAL SERVICES**

#### **Developmental Services Center (DSC)**

1304 W. Bradley Ave., Champaign, IL 61821 (217) 356-9176 (V) \* (217) 359-0288 (TTY) Contact: Intake Specialist <u>www.dsc-illinois.org</u>

DSC's Residential Services offers an array of community-based residential alternatives to promote independence. Services are based upon an individual's needs and preferences, thus programs vary in the level of supervision, structure, and support provided; however, in all settings, individuals are supported to become as independent and self-sufficient as possible. Residential services include the following options: **Community Integrated Living Arrangement (CILA), group homes, and Apartment Services**.

#### **Eden Supportive Living**

222 N. State St., Champaign, IL 61820 (217) 903-5900 (V) www.edensupportiveliving.com

Eden Supportive Living is a lifestyle designed for people with physical disabilities ages 22-64. At Eden, a person can live among their peers, while taking comfort in knowing there are licensed health professionals available to assist with daily living activities or health emergencies. A monthly fee covers everything: rent, utilities, 3 daily meals, housekeeping, laundry, assistance with transportation, personal care, and medical reminders. Qualified residents eligible for financial assistance under Medicaid may be able to receive financial assistance for their care at Eden.

## Individual Advocacy Group, Inc.

1289 Windham Parkway Romeoville, IL 60446 630-759-0201 www.indivdiualadvocacygroup.com

Individual Advocacy Group, Inc., (IAG) promotes individualized, customized, person-centered supports and services for people in Champaign County. Areas of services include: **customized**, **community integrated living arrangements in small homes** (4 person & under) for people with developmental/intellectual disabilities **and flexible day services**.



## **RESIDENTIAL SERVICES**

## **Rosecrance Central Illinois**

1801 Fox Drive, Champaign, IL 61820 217-693-4545 www.rosecrance.org

Rosecrance Central Illinois provides a wide range of prevention, intervention and treatment options for children, youth, adults, and families experiencing mental health and substance use issues. The continuum of care includes a 24-hour crisis line and crisis response, outpatient psychiatric care for adults, therapy/counseling, outpatient substance use treatment, and case management. **Our adult residential programs include crisis stabilization at the Crisis Residential Center, 24-hour group homes, specialized supported housing, and independent apartments.** 

Swann Special Care Center 109 Kenwood Rd., Champaign, IL 61821 (217) 356-5164 http://www.swanncare.org/

Swann Special Care Center is a **home for children and adults** who have severe and profound developmental disabilities. The staff consists of skilled professionals, paraprofessionals, and trained nursing assistants who, with other support staff, provide a caring atmosphere in which residents' physical, medical, nutritional, educational, emotional, and social needs are met.

## **Tenant Union, Champaign-Urbana**

Lincoln Building, 44 E. Main St., Suite 208, Champaign, IL 61820 (217) 352-6220 www.tenantunion.illinois.edu

The program provides **information, counseling and advocacy** for those with concerns related to landlord/tenant relations, including evictions, lease contracts, damage deposit disputes, discrimination in renting and repair problems. The Tenant Union also compiles complaint histories regarding landlords. A Spanish-speaking staff person is available on Mondays, Wednesdays, and Fridays. Telephone or walk-in 9:00 a.m. to 5:00 p.m., Monday through Friday and until 6:00 p.m. on Tuesdays and Thursdays.



#### **Alcoholics Anonymous/Narcotics Anonymous**

AA Hotline: (217) 373-4200 www.aa.org

Alcoholics Anonymous is an international fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. **Membership is open to anyone who wants to do something about his or her drinking problem.** Narcotics Anonymous is a similar organization for people who have had a substance abuse problem.

# **Al-Anon/Alateen** (217) 373-4141

www.al-anon.org

Al-Anon **assists family members** of persons who abuse alcohol and other substances. Alateen provides **assistance to teens** who have family members who abuse alcohol.

## **Champaign County 4-H – Youth Programs**

801 N. Country Fair Dr., Suite D, Champaign, IL 61821 (217) 333-7672 www.4-h.illinois.edu

Youth receive leadership training and **learn about career opportunities** through this national organization. Adult volunteers provide guidance in special projects such as animal care, communication, arts, natural resources, and the environment.



**Community Choices** 44 E. Main St., Suite 419, Champaign, IL 61820 (217) 621-1090 www.communitychoicesinc.org

Community Choices is organized as a cooperative where adults with developmental disabilities and their families support each other. Members of the cooperative share information and resources. Community Choices provides services open to both members and non-members including Community Living, Customized Employment, and **Family Support**. Members have additional access to Social Opportunities.

## **Community Service Center of Northern Champaign County**

520 E. Wabash, Rantoul, IL 61866 (217) 893-1530 www.cscrantoul.org

This organization operates First Call For Help (a **hotline** for information, referral, and advocacy services), an emergency **food pantry, clothing and shelter services**, transportation, and help to local neighborhood groups. Please call to verify service area.

#### **Courage Connection**

508 E. Church Street, Champaign, IL 61820 217-819-4617 **Domestic Violence Hotline:** (217) 384-4390 or (877) 384-4390 www.courageconnection.org

Courage Connection provides housing and supportive services for individuals and families experiencing homelessness or who are victims of domestic violence. We believe in the right of every person to safety and the potential of every person for success.



**C-U Autism Network,** a project of the Autism Society of Illinois PO Box 107, Savoy, IL 61874 Phone: 217-621-8429, e-mail: <u>info@cuautismnetwork.org</u> <u>www.cuautismnetwork.org</u>

**Support, education, and networking** for parents and professionals. Meets the first Thursday of the month from 6:30 - 8:00 p.m., September-May, at the Stephen's Family YMCA in Champaign. Free events for children include childcare and a sibling support group. Family events are offered throughout the year.

**Developmental Services Center (DSC)** 1304 W. Bradley Ave., Champaign, IL 61821 (217) 256 0176 (A) \* (217) 250 0288 (TTV)

(217) 356-9176 (V) \* (217) 359-0288 (TTY) Contact: Intake Specialist www.dsc-illinois.org

DSC has a longstanding reputation for providing quality services to individuals with intellectual/developmental disabilities throughout Champaign County. Adult services and support include training in areas such as independent living skills, employment and residential options, social skills, recreational opportunities, transportation and community access. An emphasis is placed on independence and community opportunities to enhance quality of life as defined by the individual choosing services offered by DSC. Areas of support for adults include **Case Management and Family Support**, Employment Services, Day Program and Residential Services.

## Down Syndrome Network (DSN)

P.O. Box 1143, Champaign, IL 61824 (217) 398-7132 www.champaigndsn.org

The Champaign County Down Syndrome Network operates as a not-for-profit organization serving families who have a member with Down syndrome. The DSN offers support to families by providing current information for parents, professionals, and the general public. The DSN **provides new parent packets, offers social opportunities for peers with Down syndrome, and raises awareness of Down syndrome in our community**. The DSN holds **workshops and monthly meetings** on topics of interest to our members.



Equip for Equality, Inc. 1 W. Old State Capitol Plaza, Springfield, IL 62701 (800) 537-2632 (V & TTY) www.equipforequality.org

Equip for Equality is an **advocacy organization** for the rights of people with developmental disabilities and mental illness. Service programs are based on eligibility criteria. Please call for more information.

#### **Family Service, Family Caregiver Program**

405 S. State St., Champaign, IL 61820 (217) 352-5100 http://www.famservcc.org/family-caregiver-support/

The Caregiver Advisor can help you in your role as a family caregiver. She can provide information, help you access services or benefits, advocate to get those services properly in place, offer education or training, and provide support for you. **Eligibility:** Those who are caring for a family member or friend who is age 60 or older, and **those who are caring for an adult child with disabilities.** 

#### **Guardianship and Advocacy Commission, Illinois East Central Regional Office**

423 S. Murray Rd., Rantoul, IL 61866 (217) 892-4611 (V) \* (312) 793-5937 (TTY) www.illinois.gov

This advocate organization for the rights of persons with disabilities conducts fact-finding of alleged denial of rights of persons with disabilities. The Office of State Guardian appoints a guardian of last resort for adults with disabilities who are unable to make or communicate their own personal or financial decisions, and when there is no family member or friend available to be the guardian. The Human Rights Authority of the Commission (HRA) **investigates complaints** of alleged violations against disability laws, providing a free forum that permits negotiation with providers and avoids the confrontational environment of the courtroom. The Legal Advocacy Service (LAS) **provides legal advice, counseling, and representation** to eligible persons who have mental, developmental, physical, or age related disabilities. LAS represents individuals in a variety of settings: nursing homes, mental health facilities, residential facilities, and the community. LAS may assist with legal problems that encompass mental health facilities, treatment, special education, guardianship, confidentiality, and other matters that affect persons with disabilities.



#### Land of Lincoln Legal Assistance Foundation, Inc.

302 N. First Street, Champaign, IL 61820 (217) 356-1351 (V) \* (217) 356-0624 (TTY) (800) 747-5523 Toll Free Line \* (217) 356-7621 Fax www.lollaf.org

Provides **legal assistance** to low-income individuals. Services include advice, brief service, negotiation and litigation on matters such as welfare, medical assistance, utilities, divorce, custody, consumer cases, housing and much more. Please call for further information on services offered and eligibility guidelines.

## Low Vision Support Group of East Central Illinois - PACE, Inc.

1317 E. Florida Ave., Urbana, IL 61801 (217) 344-5433 (V) \* (217) 344-5024 (TTY)

This life goal oriented organization provides **support and education** for people with low vision and their family members. The group charges a small membership fee. Call for meeting times and location.

## NAMI of Champaign County

PO Box 1514, Champaign, IL 61824 (217) 419-5345 www.namichampaign.nami.org

National Alliance on Mental Illness (NAMI) of Champaign County provides communication and fellowship among people living with mental illness and their parents, guardians, and relatives in Champaign County and area communities; interested professionals are also welcome. **Lends mutual support and furthers interests of families living with mental illness**. NAMI also sponsors a family-to-family education course, which stresses education to help remove stigma. Meets the second Monday of each month, except for July and August, at 7:00p.m. at 202 W. Park, Champaign. Centerpoint locks the doors at 7:00 p.m. Membership fee suggested of \$35 per family per year, consumer dues \$3. Lending library available.



## PACE, Inc. – Center for Independent Living

1317 E. Florida Ave., Urbana, IL 61801 (217) 344-5433 (V) \* (217) 344-5024 (TTY) \* video phone: (217) 689-0289 www.pacecil.org

PACE serves people with disabilities or disability-related concerns by providing **advocacy**, **counseling**, **peer counseling**, **information and referral services**, **skills training**, **sign language interpreter referral**, **Braille services**, **personal assistant referral**, **and a speakers bureau**. Further, PACE provides **lists of accessible and subsidized housing** opportunities and accessible housing for sale or rent at market rates. PACE also provides **ramp resources**.

## Rape Advocacy, Counseling & Education Services (RACES)

145A Lincoln Square, Urbana, IL 61801 Phone: (217) 344-6298 \* 24-Hour Rape Crisis Hotline: (217) 384-4444 www.cu-races.org

We are the community based rape crisis center serving Champaign, Douglas, Ford, and Piatt Counties in East-Central Illinois. We provide **free**, **confidential services** to anyone who has experienced sexual assault, abuse, or harassment and their loved ones. We also offer public education and training to schools, employers, and other organizations throughout our service area.

Rosecrance Central Illinois

1801 Fox Drive, Champaign, IL 61820 217-693-4545 www.rosecrance.org

Rosecrance Central Illinois provides a wide range of prevention, intervention and treatment options for children, youth, adults, and families experiencing mental health and substance use issues. The continuum of care includes a 24-hour crisis line and crisis response, outpatient psychiatric care for adults, therapy/counseling, outpatient substance use treatment, and case management. Our adult residential programs include crisis stabilization at the Crisis Residential Center, 24-hour group homes, specialized supported housing, and independent apartments.



## **Regional Planning Commission of Champaign County – Independent Service Coordination (ISC)**

1776 E. Washington, PO Box 17760, Urbana, IL 61803 (217) 328-3313 www.ccrpc.org

Independent Service Coordination (ISC) provides an array of activities on behalf of individuals with intellectual/developmental disabilities and their families/guardians to help them access individualized services and supports. ISC staff serve as an advocate, resource, and partner for the individual, their family, and others who are important in their lives — including service providers. Champaign, Ford, and Iroquois counties are served. Services include the following:

**Prioritization of Urgency of Need for Service (PUNS)** – provides assistance to individuals with intellectual / developmental disabilities who are potentially in need of services now or within the next five years to register in the PUNS statewide database. Information collected allows the State to categorize needs for developmental disabilities services for individuals.

**Pre-Admission Screening (PAS)** – provides a screening process to determine whether individuals are eligible for services funded through the Division of Developmental Disabilities, especially those programs that are under the Medicaid waiver. Individuals with intellectual / developmental disabilities that are hospitalized are also screened to determine if nursing home services are appropriate.

**Individual Service and Support Advocacy (ISSA) -** provides advocacy services to individuals who participate in programs funded by Medicaid waivers (Community Integrated Living Arrangements), developmental training, home-based support, some vocational programs) by Independent Service Coordination staff. ISC staff work with individuals to develop annual Person-Centered Plans, identify goals individuals have for the upcoming year, and monitor implementation of services to address their goals, service provision by provider agencies, and determine service satisfaction. ISC staff also make yearly determinations of continued Medicaid-waiver eligibility for individuals receiving services.

**Transition Consultant Services** – provides support to individuals with intellectual/ developmental disabilities and their families who are near graduation from secondary education. Transition Consultants assist with education and support regarding the transition to adult based developmental disability services in Illinois. Transition Consultants also assist individuals and families with developing a transition plan and referral/linkage to appropriate community support services.



## TAP - The Autism Program, at the University of Illinois

Doris Kelley Christopher Hall, 904 W. Nevada, Urbana, IL 61801 (217) 244-1395 www.theautismprogram.org

The Autism Program (TAP) is a state-wide network of resources for Autism Spectrum Disorders in the State of Illinois. Locally, we provide a New Diagnosis Orientation, **Family Orientation Program, Social Skill groups, an Autism Resource Room,** playgroup, training and technical assistance, and consultations.



## **TRANSPORTATION**

## Champaign-Urbana Mass Transit District (MTD)

801 E. University Ave., Urbana, IL 61802 (217) 384-8188 (V) \* (217) 384-7433 (TTY) www.cumtd.com

The Champaign-Urbana Mass Transit District provides fully accessible fixed-route bus service in Champaign, Urbana, and Savoy. The **DASH card** is available to qualifying individuals with disabilities and offers unlimited free bus rides for the cardholder. For those unable to utilize bus service due to disability, CUMTD offers complementary **paratransit van services** within the CUMTD district boundaries.

## **C-CARTS Rural Transit System**

801 E. University Ave., Urbana, IL 61802 (217) 344-4287 www.ruraltransits.org/champaign

Champaign County Area Rural Transit System (C-CARTS) provides general public, shared ride **transportation services to and from rural areas within Champaign County**. C-CARTS provides transportation to meet the needs of the community, including the elderly and persons with disabilities. Reservations must be made at least 48 hours prior to the requested ride. Rides may be scheduled between the hours of 6:00 am and 6pm.

## **Illinois Terminal**

45 E. University Ave., Champaign, IL 61820 (217) 384-3577 (V)

The Illinois Terminal houses the MTD customer service center where an **annual bus pass, seasonal pass, dash pass, or tokens** can be purchased. Greyhound, Burlington Trailways, Lex Express, and Amtrak are also housed at the Illinois Terminal.



## **TRANSPORTATION**

Quality Transport 3515 N. Cunningham Ave., Urbana, IL 61802 (217) 607-2468 QualityMedTransport.com

Medical transportation/para transit transportation.

## Salvation Army Transportation Assistance

2212 N. Market St., Champaign, IL 61820 (217) 373-7825 Office \* (217) 373-8441 Fax

**Emergency transportation assistance** is provided on a case-by-case basis. Please call for more information.

Yellow Cab Company 1204 Hagan Ave., Champaign, IL 61820 (217) 355-3553 www.yellowcheckercabchampaign.com

Please call to verify **accessibility** information.



## **VOCATIONAL SERVICES**

#### **Community Choices** 44 E. Main St., Suite 419, Champaign, IL 61820 (217) 621-1090 www.communitychoicesinc.org

Community Choices is organized as a cooperative where adults with developmental disabilities and their families support each other. Members of the cooperative share information and resources. Community Choices provides services open to both members and non-members including Community Living, **Customized Employment**, and Family Support. Members have additional access to Social Opportunities. Customized Employment services include discovering skills and interests, linking with employers/self-employment, job training, and problem-solving support.

## **Cunningham Children's Home – Vocational Options**

1013 N. Cunningham Ave., Urbana, IL 61802 (217) 337-9047 www.cunninghamhome.org

Cunningham Children's Home provides vocational education services through their Vocational Options Program. Eligible unemployed youth who are out of school and between the ages of 18 and 25 may receive the **training and support needed to make a successful transition into the workforce**. Eligible individuals will learn positive coping and life skills, identify realistic vocational goals, and develop the skills to meet those goals.

## **Developmental Services Center (DSC)**

1304 W. Bradley Ave., Champaign, IL 61821 (217) 356-9176 (V) \* (217) 359-0288 (TTY) Contact: Intake Specialist www.dsc-illinois.org

DSC has a longstanding reputation for providing quality services to individuals with intellectual/developmental disabilities throughout Champaign County. Adult services and support include training in areas such as independent living skills, employment and residential options, social skills, recreational opportunities, transportation and community access. An emphasis is placed on independence and community opportunities to enhance quality of life as defined by the individual choosing services offered by DSC. Areas of support for adults include Case Management and Family Support, **Employment Services, Day Program** and Residential Services.



## **VOCATIONAL SERVICES**

# Illinois Department of Human Services/Division of Rehabilitation Services (DHS/DRS), Illinois WorkNet Center

1307 N. Mattis Ave., Champaign, IL 61821 (217) 278-3500 (V) \* (217) 278-3510 (TTY) www.dhs.state.il.us/ors/

DHS/DRS offers clients **vocational evaluation, counseling and guidance**; physical and mental restoration; **job training and placement; educational assistance**; technical equipment; and followalong services. DHS/DRS also provides vocational services through the Bureau for the Blind Services and the Division of Services for Persons Who Are Deaf or Hard of Hearing, plus mobility instruction and training in daily living activities to people with visual impairments. Assistance is also offered with issues relating to the Americans with Disabilities Act.

#### **Parkland Career Center**

2400 W. Bradley Ave., Room U267, Champaign, IL 61821 (217) 351-2219 www.parkland.edu/careercenter

Whether you are a student choosing a college major or are a dislocated worker, career changer, or retiree, we have resources and services designed to assist you.

#### We assist individuals with:

- Exploring interests, skills, and values to select their college majors and career goals
- Resume writing, interviewing skills, and other job search strategies

## **Page II Developmental Training Program**

2005 Round Barn Rd., Champaign, IL 61821 (217) 398-0950 http://www.swanncare.com/daytraining.html

Swann's Page II day training program operates 255 days per year. Hours are 8 a.m. to 2 p.m. It is open to residents of the community, as well as those residing at Swann. The program's intent is to: (1) continue to expand upon previously acquired skills of each person served; (2) **work toward independent living through use of interdisciplinary skill training**; (3) develop individualized program plans that have functional goals rather than task-oriented goals; (4) provide functional recreational activities; and (5) provide community support.



## **VOCATIONAL SERVICES**

**Regional Planning Commission of Champaign County** – **Workforce Development Services, Illinois WorkNet Center** 1307 N. Mattis Ave., Champaign, IL 61821

(217) 531-8268 ccrpc.org/programs/workforce-development/

The Workforce Innovation and Opportunity Act (WIOA) provides the framework for a unique national workforce preparation and employment system designed to meet the needs of the nation's businesses, job seekers and those who want to further their careers.

Key components of the Act enable customers to:

- Easily access the information and services they need through the <u>Illinois workNet system</u>
- Obtain the training they find most appropriate through **Individual Training Accounts**, which allows them to "purchase" training that is the best fit for them and supports employment in an in-demand job sector
- Job search assistance

## **UCP Land of Lincoln**

11776 E. Washington St., Urbana, IL 61802 217-819-3439 www.ucpll.org

UCP Land of Lincoln provides **vocational training, job placement and support services** to individuals with all disabilities. The employment services provide an intensive job development and placement program to assist people with finding employment in their community. The support services are individualized and include job coaching and case management. These services may be short or long-term depending on the person's needs.



## HOTLINE AND TOLL-FREE NUMBERS

AIDS Hotline		
Alcohol & Drug Abuse Hotline		
American Diabetes Association		
Coalition for Citizens with Disabilities in Illinois	1-800-433-8848 (V & TTY)	
Crisis Line	(217) 359-4141	
Crisis Text Line	Text HOME to 741741	
Direction Services of Illinois (Disability)	1-800-634-8540 (V & TTY)	
Epilepsy Foundation of America.		
First Call for Help		
Great Lakes Disability & Business/Technical Assistance Center	1-800-949-4ADA (V & TTY)	
Hearing Aid Action Line		
Hearing Helpline Better Hearing Institute		
Illinois Attorney General		
Illinois Child Abuse Hotline		
Illinois Clearinghouse for Early Intervention		
Illinois Relay Center (Hearing Impaired)1-800-526-0844 (TTY) 1-800-526-0857 (V)		
Job Accommodation Network		
National Clearinghouse on Post-Secondary Education for Persons with Disabilities		
	1-800-544-3284	
National Down Syndrome Society	1-800-221-4602	
National Easter Seal Society		
National Library for the Blind & Physically Handicapped		
National Rehabilitation Information Center		
National Spinal Cord Injury Hotline	1-800-526-3456	
National Suicide Prevention Hotline		
Orton Dyslexia Society		
Parents-Too-Soon		
Spina Bifida Association of America		
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